



Leon County Senior Outreach December 2010-January 2011

Bradfordville

Bradfordville Senior Days: Wed, Dec 8 (No Senior Day in Jan), 10:30 am - 12:30 pm. Wild-wood Presbyterian Fellowship Hall, 100 Ox Bottom Road. Suggested \$6 donation for lunch.

Historic Bradfordville Schoolhouse, 3439 Bannerman Road

Draw With Your Eyes, Paint With Your Heart: Wed, 1-4 pm, Feb 2 - Mar 9 (6 weeks). Skill level beginning/intermediate, \$48 (55+); \$60 others. Registration required. Call 891-4016.

Lifelong Learning Series: New series starts in Feb. Call in Jan for schedule, 891-4065.

Senior Fitness Beginners: Tues. & Thurs, 10:30 - 11:15 am, Suggested \$2 donation.

Senior Fitness Intermediate: Tues & Thurs, 11:30 am - 12:30 pm, Suggested \$2 donation.

Senior Fitness - Afternoon Class: Tues & Thurs, 1-2 pm, Suggested \$2 donation.

Social Bridge: Every Mon, 1 - 4 pm, Suggested \$1 donation.

Chaires-Capitola

Dorothy C. Spence Community Center, 4768 Chaires Crossroad

Chaires-Capitola Senior Day: No Senior Day in Dec or Jan

Drawing and Painting Workshop: Wed, 1 - 3:30 pm, Feb 2 - Mar 9 (6 weeks), Skill level beginning/intermediate, \$48 (55+); \$60 others. Registration required. Call 891-4016.

Senior Fitness Class: Mon, Wed & Fri, 9:15 - 10:15 am. Suggested \$2 donation.

Lo Impact Senior Fitness: Mon, 10:30 - 11:30 am & Thurs, 10:15 - 11:15 am. Jan 10 - Feb 17 (6 weeks) \$33. Registration required. Call 891-4065.

Bollywood Fitness: Tues & Thurs, 9 - 10:00 am. Suggested \$2 donation.

Fort Braden

Fort Braden Community Center, 16387 Blountstown Hwy.

Fort Braden Senior Day: Tues, Dec 21 (No Senior Day in Jan), 10:30 am - 12:30 pm, Suggested \$6 lunch donation.

Beginning Painting with Oils & Acrylics: Thurs, 2 - 5:00 pm, Feb 3 - Mar 10 (6 weeks). Skill level intermediate. \$48 seniors 55+, \$60 all others. Registration required, call 891-4016.

Senior Fitness Class: Mon & Wed, 10:30 - 11:30 am, Suggested \$2 donation.

Miccosukee

Miccosukee Community Center, 13887 Moccasin Gap Road

Miccosukee Senior Day: Thurs, Dec 2 (No Senior Day in Jan), 10:30 am - 12:30 pm, Suggested \$6 lunch donation.

Bus Trip to WalMart: Friday, Dec 3 & Jan 7, 10:00 am - 12:30 pm, \$2 round-trip.

Woodville

Woodville Community Center, 8000 Old Woodville Rd

Woodville Senior Day: Thurs, Dec 9 (No Senior Day in Jan), 10:30 am - 12:30 pm, Suggested \$6 lunch donation.

Senior Fitness Class: Mon and Wed, 8:30 - 9:30 am, Suggested \$2 donation.

Come Join the Fun!

Calendar of Events

Call 891-4065 or 891-4033 for More Information



Grandparents as Parents

GaP Family Holiday Party at the Mary Brogan Museum. Tues, December 14, 4 - 6:30 pm. RSVP required. Call 891-4008 or email wendy.halleck@talgov.com.

No GaP meetings in January.



Leon County Senior Outreach, a program of the Tallahassee Senior Foundation, appreciates the support and sponsorship of many local businesses, some of which attend Senior Day events as exhibitors. However, it is our policy not to endorse, recommend or favor any specific services or products. Attendance at our events does not constitute an endorsement from the Tallahassee Senior Foundation or the Leon County Senior Outreach program.